

Hi! My name is **AMANDA JONES**.

I was born in Monterey, California in 1982; I graduated in English from the University of California and taught English as a second language in San Diego for several years before coming to Barcelona. Here I received a Master's Degree in Advanced English studies from the Autonomous University of Barcelona (UAB) and am now going for a doctorate in English Literature. As you can see, I love studying and I love English, but I have other interests as well. I've written articles in magazines and for websites about wine, travel, food and interior design. I also enjoy cooking and I both practice and teach yoga.



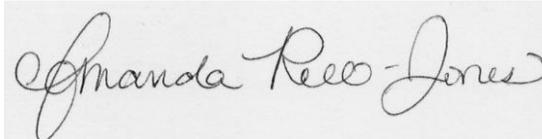
The thing I like most about coaching is helping my students achieve their language-learning goals, and to apply everything they learn to their real-life conversations. It's for this reason that I like using multi-media activities that incorporate real life videos and topics. My number one piece of advice for someone who wants to learn English is to immerse themselves in the language. Change your phone, computer, and social media settings to the language you are studying; listen to music and even try thinking in the language you are studying!

I speak Spanish and am enjoying learning Catalan. I also speak a little Italian after spending five months in Italy. In addition, my experience learning yoga has paralleled my experience teaching and learning languages: both are humbling, and in both the language and yoga classrooms, we have to learn to embrace ourselves and not be afraid to make mistakes, since mistakes are an important part of the learning process! As with yoga, learning a language is something that never seems to have an end: there is always something new and exciting to learn

We all have learned at least one language well; it's possible to do again and again!

I look forward to being in contact with you this year and if you ever have any questions or doubts about your learning process, just mail me: ajones@ziggurat.es

Best wishes,



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